

KATIE ALDRICH

Chief Strategy Officer, Trainer and Senior Coach

Fringe Professional Development

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Katie has spent over fifteen years working in law firms and in professional development, focusing on supporting her clients to achieve success individually and for their organizations. She earned her J.D. from the University of Connecticut School of Law, where she served as an associate editor of the Connecticut Law Review, and is an active member of the Massachusetts and New Hampshire bars.

Before joining Fringe, Katie practiced as a business litigator at a Boston law firm for over five years, where she discovered a passion for helping her colleagues thrive within their careers. Building on that interest, Katie transitioned to working in professional development for two large law firms, where she focused on attorney coaching, performance management, and curriculum development.

Since joining Fringe, Katie's coaching and facilitation emphasize improving interpersonal communication skills, developing leadership competencies, and fostering resilient mindsets. Her practice also includes facilitating conflict resolution mediations and training leaders in conflict resolution techniques. Katie writes regularly on law firm leadership, feedback, and associate development for Bloomberg Law and Law.com.

CREDENTIALS AND EXPERIENCE

J.D.
University of Connecticut School of Law

Licensed Attorney
Active in Massachusetts and New Hampshire

Professional Certified Coach (PCC)
International Coaching Federation

Certified Professional Co-Active Coach
Co-Active Training Institute

Brain-Based Certified Coach
NeuroLeadership Institute

DISC and EQ-i 2.0
Certified to Assess and Train

Certified Mediator
Center for Understanding in Conflict

Conflict Resolution Certificate
Cornell University

THOUGHT LEADERSHIP

Published in Bloomberg Law | Law.com | ABA for Law Students

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